# EmoSense, a mobile therapy application

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# 1 Introduction

Depression impacts 9.2% of the population in the United States in 2020 [1]. Therapy sessions are useful, however, such uncomfortable/high arousal settings often times lead to false memory recall [2]. In addition, researchers have also found that the recall accuracy scales with emotional valence, leading to a emotional state bias [3]. To allow an accurate record of how people feel whenever and wherever, I propose a mobile solution where I implement state-of-the-art machine learning technologies to record and automate emotional states analyses. The summary statistics can then be retrieved by mental health professionals to keep track and provide more targeted interventions swiftly. Recent computer vision advances have allowed human-level performance in face recognition [4]. In addition, openly available facial expression data sets have facilitated development of emotional recognition [6]. While speech-to-text can sometimes directly identify the user's emotional state, recent development of large language modeling with GPT can decode implicit emotion. Taken together, I developed a multi-modal emotional recognition that can allow users to record, identify, and eventually present their emotional portfolio to better receive help from professionals.

# 2 Implementation Details

Once the user uploads a video, the video is being split into static frames versus sound file. The video frames will be analyzed prior to the audio file simply due to the openly available facial expression dataset label constrain.

### 2.1 Facial expression analysis

Every half a second, each frame will be preprocessed by the VGG face recognition model within DeepFace https://github.com/serengil/deepface [4, 7, 8, 9]. VGG face model identifies if one or more faces are in the frame. Upon identifying face(s) in a frame, there may be differences in face size. To standardize the faces across all various client inputs, dynamic cropping and rescaling based on face location is performed by OpenCV package https://opencv.org/ within DeepFace. One of the most famous facial expression datasets is the FEC2013 dataset https://www.kaggle.com/c/ challenges-in-representation-learning-facial-expression-recognition-challenge/ data. The model I used is trained on 28K facial images consisting of 7 unique expressions (Angry, Disgust, Fear, Happy, Sad, Surprise, Neutral). I then run the cropped faces into the model for an emotion output. The output is probability values for each of the 7 emotions.

#### 2.2 Speech expression analysis

Upon converting the audio component of the video into a .wav file, I fed this audio file to a speechto-text algorithm https://github.com/Uberi/speech\_recognition. Currently, I have enabled the user to choose from 4 different languages (English, Chinese, Spanish and French). Upon transforming speech to text, OpenAI chatGPT will then determine the client's emotion. To do that, I found a command line wrapper for OpenAI's chatGPT https://github.com/acheong08/ ChatGPT and submitted the user's text to chatGPT. In order to combine the two modality, I combined the top three emotions decoded from the face and have the large language model decide based on implicit language cues.

### **3** Results

I developed a web application "EmoSense" that automates emotional analyses. The basic pipeline takes client's video and splits it into visual and audio components (Fig. 1a). With the help of Deep-Face, the visual component will be processed independently of the audio file. Upon decoding facial expression using purely video frames, the audio file will be transcribed and submitted to Ope-nAI ChatGPT through a command line wrapper. The client's message will then be tagged with a the question "Of the emotions my face expressed, which am I most likely feeling?".



Figure 1: EmoSense pipeline and web application user interface (UI). a) A schematic of the EmoSense pipeline. b) Face recognition and dynamic cropping demonstrated using DeepFace. c) Single example image from each emotional state in the FEC2013 dataset. d) Example conversation with OpenAI ChatGPT. e) EmoSense UI demonstrated in English (left) and Spanish (right). Note that it can currently perform in two additional languages (Chinese and French)

## 4 Anticipated Ethical Issues

Since I do not have access to "VGG" facial dataset, I cannot provide any insights regarding potential biases in gender, race, or other demographic attributes. In addition, privacy can be a significant concern when dealing with personal data. In order to address the issue, I have implemented a login screen to store individuals recordings. However, despite taking necessary precautions, data breaches can still occur. The danger of having personalized video record of their emotional wellbeings is the potential misuse of the information as exploiting people and cause more psychological harm [10].

### References

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